



# WABASH VALLEY INTERGROUP

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## Newsletter

**See page 2 for  
From the Delegate Article October  
2011**



From Daily Reflections page 289:  
**DAILY MONITORING**  
*Continued to take personal  
inventory....*  
**TWELVE STEPS AND TWELVE  
TRADITIONS, P. 88**

The spiritual axiom referred to in the Tenth Step—"every time we are disturbed, no matter what the cause, there is something wrong *with us*"—also tells me that there are no exceptions to it. No matter how unreasonable others may seem, I am

responsible for not reacting negatively. Regardless of what is happening around me I will always have the prerogative, and the responsibility, of choosing what happens within me. I am the creator of my own reality.  
When I take my daily inventory, I know that I must stop judging others. If I judge others, I am probably judging myself. Whoever is upsetting me most is my best teacher. I have much to learn from him or her, and in my heart, I should thank that person.  
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### EVENT CALENDAR

October 7-9, 2011  
**29<sup>th</sup> Annual Columbus  
Men's Workshop**  
Columbus Youth Camp  
Columbus IN

October 14-16, 2011  
**22<sup>nd</sup> Annual Wabash  
Valley Spiritual Retreat**  
Merom Conference  
Center  
Merom IN

October 15, 2011  
**112 Group 2<sup>nd</sup> Annual  
Fall Workshop**  
Presbyterian Church  
Bedford IN

November 18-19, 2011  
**Gratitude in Action**  
Covered Bridge Girl Scout  
Council Building  
Terre Haute IN

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### SOBRIETY ANNIVERSARIES SEPTEMBER 2011

**Debbie M – 24 years**  
**Mary T – 7 years**  
**Kevin O – 6 years**  
**John H – 5 years**  
**Virginia K – 3 years**  
**Jackie P – 2 years**  
**Adam B – 1 year**

**Mike B – 1 year**  
**Jeff S – 1 year**  
**John K – 1 year**  
**Nathalie L – 1 year**

To see your sobriety anniversary here,  
email to [contact@terrehaute.com](mailto:contact@terrehaute.com)

## From the Delegate Article

October 2011

As we approach the end of the area's two-year rotation cycle, it's important to look at what we've accomplished the past two years, what's worked, what hasn't and how should we move forward from here. Likewise it's vital that the groups around southern Indiana who send us a share of their 7<sup>th</sup> tradition money know how we spend it. So without stealing thunder from the various chairs, I'd like to give some highlights of what's been accomplished here in Area 23.

- Our **Public Information Committee** expanded from providing an AA presence and literature at five major events in 2010 to 11 events this year, and they continue to get more requests. This service work involved AA members with less than 60 days to those with more than 30 years—past delegates, trustees, and numerous AA's who had never served in the area structure before.
- **Corrections** Through a cooperative effort between local groups and Area 23, two women's prisons have weekend conferences and workshops with literature for the inmates.
- **GSR School**, a traveling workshop organized by the area co-chair and hosted by districts all over southern Indiana, has proved successful in generating interest in service and preparing people for being effective general service representatives for their home groups.
- The **Treatment Facilities Committee** took a radical step forward by organizing a traveling workshop that facilitates discussion among members of Alcoholics Anonymous, past delegates and trustees, and professionals in treatment and corrections about AA's singleness of purpose and what that means.
- The **Area Intergroup Liaison Committee** organized a workshop that clarified the roles of the entities and how we work in tandem to carry the message of AA.
- Our alternate delegate started a series of **roundtable discussions for district committees** to share information and problem solve.
- Our **Group Services Registrar** attended nearly every area-sponsored event over the course of two years to get group information up to date.
- Our **area treasurer and alternate**, with the help of the **Finance Committee**, brought our record keeping methodology into the 21st century with new software.
- Our **Area 23 website** is in the process of being redesigned.
- The **area archivist** carries our message through monthly e-news about what happened in AA history during that month.
- Our **Grapevine Committee** has been more active than ever, hosting two workshops that have given us all a great deal more insight into the relevance of magazine that's our meeting in print.

[NOTE: I'm stopping here and hope no one's feelings are hurt. Leaving someone out has more to do with my memory problem than someone's lack of doing important work, so please forgive me.]

(Continued next page)

From the Delegate Article (continued)

Now, that's a lot of carrying the message of Alcoholics Anonymous. And as Bill points out in our AA Service Manual, it takes money to do that. It took Ebby a train ticket to Brooklyn and a phone call to get the message to Bill, and it's still true today. As you can imagine one of the Area's biggest expenses is to reimburse mileage for service work. To me, it's good news if we spend every last cent we budget for the year; it means we're doing our work. And from the looks of things, we might need to increase some of the committee budgets for 2012:

- Perhaps the DMC roundtable discussions to be formalized... held a certain number of times per year at certain locations. The feedback we've received is positive. As an area we give the GSRs all kinds of support—we need to do the same for DCMs.
- I'd like to see us pay a bigger share of delegate expenses to attend the General Service Conference. It costs \$5,800 per delegate for the week. That includes round trip transportation to New York, transportation while there, hotel, meals, tips and conference materials. Each area is asked to pay a minimum of \$1,200. I have no doubt that Area 23 can be more self-supporting in that regard.

Let's all of us in service talk to our home groups about what we're doing in Area 23. Get feedback. Let's build our budget based on what we plan on doing to carry the message rather than base it only on what we've done in the past. I'm very proud to be part of Area 23. Thanks to all of you who have done so much.

Virginia R, delegate  
Panel 60/Area 23 southern Indiana

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*How many alcoholics does it take to change a light bulb?*

*Just one – He holds the light bulb and the whole world revolves around him.*

*How many Al-Anons does it take to change a light bulb?*

*None - They leave it alone and let it screw itself.*

*You might be an alcoholic if:*

*You know for certain that putting your foot on the floor does not stop the room from spinning.*

From Alcoholics Anonymous pages 84 and 85:

This thought brings us to *Step Ten*, which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along. We vigorously commenced this way of living as we cleaned up the past. We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime. Continue to watch for selfishness, dishonesty, resentment and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. Love and tolerance of others is our code.

And we have ceased fighting anything or anyone—even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we had been protected. We feel as though we had been placed in a position of neutrality—safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is our experience. That is how we react so long as we keep in fit spiritual condition.

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**CONTRIBUTIONS FOR SEPTEMBER**

To Intergroup:  
New Beginnings = \$18.50  
Greencastle = \$50.00  
Intergroup = \$25.25  
Grapevine - \$50.00  
12&12 = 25.00  
AVFW = \$129.29  
Thursday Big Book = \$54.67  
Brazil Harmony = \$35.00  
Monday Big Book = \$35.00  
Gobi Candlelight = \$19.00  
Gobi Men's Group = \$10.00

District 18 Donation - \$6.00  
Brazil Monday Night = \$25.00  
Mecca = \$10.00

Thank you for your generous contributions.

Donations to the prison literature fund for September and October will appear in November's newsletter.

**Help Wanted**

Volunteers to help take men's meeting into Vigo County Work Release on Wednesday nights. If you would like to help, contact John D at 812.841.7435 or Grumpy T at 812.239.6939

Service is the Secret!

**CONTRIBUTE**

**WVIG**  
**PO Box 9631**  
**Terre Haute IN 47808**

**DISTRICT 18**  
**PO BOX 2243**  
**Terre Haute IN 47802**

**AREA 23**  
**PO Box 546**  
**Indianapolis IN 46206**

**GSO**  
**PO Box 549**  
**Grand Central Station**  
**New York NY 10163**

**WE ARE SELF-SUPPORTING THROUGH OUR OWN CONTRIBUTIONS**